

Online Safety Guide for Seniors

1. Protect Your Accounts

- Use strong, unique passwords for each account.
- Turn on Two-Factor Authentication (2FA) whenever possible.
- Never share verification codes with anyone.

2. Identify Online Scams

- Be cautious of emails asking for personal information.
- Avoid clicking unknown links or attachments.
- Look for spelling mistakes or urgent pressure — these are scam signs.

3. Safe Browsing Habits

- Only shop on websites with HTTPS and trusted logos.
- Don't save your credit card info on websites you don't trust.
- Close pop-ups that claim your device is 'infected.'

4. Device and Wi-Fi Safety

- Update your phone, tablet, and computer regularly.
- Use secure Wi-Fi — avoid entering passwords on public hotspots.
- Install antivirus software when available.

5. If Something Goes Wrong

- Change your password immediately if you think it was stolen.
- Contact your bank if you shared financial information.
- Report scams to the FTC at reportfraud.ftc.gov.
- Ask a trusted family member or caregiver for help if you're unsure.